

GEORGE
CHIALA'S
RECIPE
OF
THE MONTH
COLLECTION

JAN 2012 Recipe 31

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# New Year's Frangipane Tart with an Apricot, Cherry & Plum Grappa Syrup

## **PREPARATION**

## Make Dried-fruit compote:

- 1 Heat grappa with sugar in a medium saucepan over low heat, stirring, until sugar has dissolved. Add fruit and gently simmer 1 min.
- 2 Remove from heat and let macerate, stirring occasionally, 24 hrs.

## Make Pastry Dough:

- 1 Blend flour, butter, and salt in a bowl with your fingertips or a pastry blender (or pulse in a food processor) just until mixture resembles coarse meal with some small butter lumps.
- 2 Drizzle 3 tablespoons ice water over mixture. Gently stir with a fork until incorporated. Squeeze a small handful of dough if it doesn't hold together, slowly add more water until incorporated.
- 3 Divide into 4 portions. With heel of hand, smear each portion once or twice in a forward motion to help distribute fat. Gather dough together, press into a ball, and then flatten into about a 5-inch disk and wrap in plastic wrap. Chill 1 hour.

## Make Tart Shell:

- 1 Set flan ring on a tart pan. Roll out dough on a lightly floured surface with a lightly floured rolling pin into a 13-inch round, then fit into flan ring and trim excess dough. Chill until firm (at least 30 min.).
- 2 Preheat oven to 375°F with rack in middle. Lightly prick bottom of shell with fork, then line with foil and fill with pie weights. Bake until side is set and edge is pale golden, 18-20 min. Remove foil and weights and bake until bottom is golden, 10 min. Let cool 30 min.

#### Make Frangipane filling and Bake Tart:

- 1 Beat almond paste, butter, sugar, extract, and salt in a bowl at medium speed 3 min. Add eggs 1 at a time, then beat in flour.
- 2 Spread frangipane filling in shell. Drain fruit in a sieve set over a bowl, reserving syrup, and scatter fruit over filling, pressing in slightly.
- 3 Bake until puffed and golden, 30-40 min. Transfer tart to a rack. Brush reserved syrup over tart and cool to room temperature.



## **INGREDIENTS**

For Dried-fruit compote:

3/4 cup grappa3 1/2 tablespoon sugar1/2 cup pitted prunes, halved1/2 cup dried cherries1/2 cup dried apricots

## For Pastry Dough:

1 1/4 cups all-purpose flour 1 stick cold unsalted butter, cut into 1/2-inch cubes 1/4 teaspoon salt 3 to 5 tablespoons ice water

#### For Frangipane filling:

7 ounces almond paste (not marzipan; about 1 cup)
1/2 stick unsalted butter, softened
3 tablespoons sugar
1/8 teaspoon pure almond extract
1/2 teaspoon salt
2 large eggs
3 tablespoons all-purpose flour

### COOK'S NOTE:

This is a sophisticated, very delicious special occasion dessert using traditional Italian grappa - a fragrant, grape-based pomace brandy. Happy New Year!

Bon Apetit!
-George